

Switzerland of Ohio Local School District Nutritional Standard's Annual Report

The district utilizes NEOLA to assist in policy making and to ensure that the district follows state standards. The two policies that focus on nutritional standards adopted by the state and enforced by the district are PO8510 (Wellness) and PO8500 (Food Service).

In order to comply with the standards, the district utilizes many different techniques and internal safeguards. The district purchases from vetted vendors who ensure that all products meet nutrition standards and that labeling of their products is clear and concise. The daily availability of Fresh Fruits and Veggies helps encourage students to make healthier decisions about their meals. Cycle menus are designed to be appeasing to the eye, flavorful and nutritionally balanced. Meal components: fruit, milk, vegetable subgroup, main dishes, sides, desserts and condiments are assessed for calories, saturated fat and sodium. All meals are certified to be compliant with USDA regulations. The district also follows the Smart Snack guidelines and ensures that all food or beverage served during the restricted times complies with those standards.

The district also strictly enforces an approved HACCP and mandates that employees attend periodic training on the HACCP plan and on food safety in general. In addition to the food safety training, the employees must meet the USDA required minimum hours for professional development on a yearly basis.

Overall, the district has many programs and policies in place to ensure that are meeting the state standards and the district strives to not only meet but exceed those standards.